



Community & Mutual Aid Survival Guide Under a Fascist Trump Administration

1. STRENGTH IN NUMBERS: BUILDING A SAFETY NETWORK

IDENTIFY SAFE CONTACTS

- Find LGBTQIA+-friendly medical providers, lawyers, and community leaders ahead of time.
- Keep a list of trusted individuals who can offer emergency housing, transportation, or financial assistance.
- Establish a buddy system for doctor visits, travel, and protests.



JOIN MUTUAL AID NETWORKS

- Connect with local and national LGBTQIA+ and feminist mutual aid groups.
 - Mutual Aid Disaster Relief: www.mutualaiddisasterrelief.org
 - Trans Lifeline Microgrants: www.translifeline.org
 - LGBTQ+ Housing Resources (Point of Pride): www.pointofpride.org
- Attend community meetings and stay informed about available resources.

2. EMERGENCY PLANNING & RELOCATION STRATEGIES

PREPARE FOR UNEXPECTED RELOCATION

- Identify safe states that protect LGBTQIA+ and reproductive rights:
 - California, New Mexico, Colorado (progressive protections)
 - Research asylum options if the situation escalates.
- Keep a go-bag ready with:
 - ID, birth certificate, passport, medical records, and legal documents.
 - Emergency cash, a burner phone, and a list of contacts.



FINANCIAL SAFETY

- Store emergency funds in cash or privacy-friendly financial services (e.g., privacy.com for online payments).
- If worried about financial tracking, consider secondary banking options.

IF YOU NEED TO LEAVE ARIZONA



SECURE SAFE TRAVEL PLANS AND AVOID DIGITAL TRACES

- Use **cash** instead of credit cards.
- **Turn off location services** on your phone.
- Use **burner phones** or **encrypted messaging apps** (Signal, ProtonMail).

CONTACT ORGANIZATIONS THAT PROVIDE FINANCIAL ASSISTANCE FOR TRAVEL AND RELOCATION

- **National Network of Abortion Funds:**
www.abortionfunds.org
- **Rainbow Railroad (for LGBTQ+ asylum seekers):**
www.rainbowrailroad.org



3. DIGITAL & PERSONAL PRIVACY PROTECTION

SECURE YOUR ONLINE PRESENCE

- Use VPNs and incognito mode for searches related to healthcare and safety.
- Avoid period-tracking apps or use encrypted alternatives like Euki.
- Delete sensitive messages, search history, and disable tracking on medical portals.



ENCRYPTED COMMUNICATION IS ESSENTIAL

- **DO NOT** discuss sensitive topics over social media, text, or unencrypted email.
- Use Signal or ProtonMail for confidential conversations.
- Avoid sharing personal information on public platforms.

4. LEGAL & CRISIS RESOURCES IN ARIZONA

LGBTQIA+ & REPRODUCTIVE RIGHTS LEGAL HELP

ARIZONA COALITION TO END SEXUAL & DOMESTIC VIOLENCE

Provides advocacy, legal support, and crisis resources for survivors of sexual and domestic violence in Arizona

- www.acesdv.org
- (602) 279-2900

TRANS LIFELINE

A peer-support hotline offering emotional and financial support, including legal aid, to trans individuals in crisis.

- www.translifeline.org
- (877) 565-8860

NATIONAL ABORTION HOTLINE

Connects people with financial assistance and logistical support for abortion care, including travel and lodging resources.

- www.ineedana.com
- (800) 772-9100

FLORENCE IMMIGRANT & REFUGEE RIGHTS PROJECT

Provides free legal services and representation for immigrants detained by ICE in Arizona.

- www.azdisabilitylaw.org
- (602) 274-6287

5. FINAL SAFETY STEPS

- Save emergency numbers and websites offline.
- Know your nearest LGBTQIA+-friendly clinics and legal aid services.
- Arrange a trusted emergency contact system with friends or family.
- Stay connected to mutual aid groups and resistance movements.
- Prepare financial and relocation plans in case of escalating restrictions.



YOU ARE NOT ALONE. COMMUNITY IS OUR STRENGTH!

LGBTQIA+ individuals and women face increasing risks, but collective resistance and mutual aid provide security and hope.

Stay informed
Stay connected, and
Protect one another.

We fight for each other.