

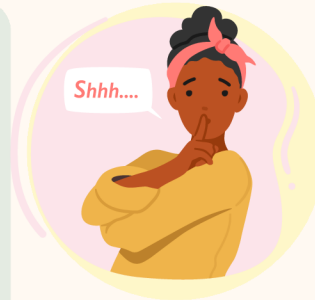


## Personal Safety & Medical Rights Under a Fascist Trump Administration

### 1. PROTECTING YOUR PRIVACY IN MEDICAL SETTINGS

#### LIMIT DISCLOSURE

- Only share what is necessary for the treatment you are receiving.
- You are NOT required to disclose sexual orientation, gender identity, or pregnancy history unless directly relevant.
- If pressured, respond with:
  - “That’s not relevant to my treatment.”
  - “I prefer not to answer.”



#### RIGHT TO REFUSE INVASIVE QUESTIONS

- If asked about sexual history, gender identity, or reproductive choices when irrelevant:
  - “I’d like to focus on the immediate medical concern.”
  - “I don’t feel comfortable answering that.”
- If they insist, ask:
  - “Can you explain why this is necessary for my care today?”



#### USE THE RIGHT TO SAY ‘I DON’T KNOW’

- In unsafe settings, you are not obligated to confirm personal details.
- If a provider is hostile, stating “I’m not sure” can help avoid further interrogation.



#### REFUSE UNNECESSARY TESTING & EXAMS

- Some hospitals may push for invasive procedures (pregnancy tests, STI screenings, etc.).
- Ask:
  - “Is this test legally required or medically necessary?”
  - “I’d like to opt out.”
- If denied treatment without compliance, document everything and seek legal support.

#### SEEK LGBTQIA+ AND REPRODUCTIVE RIGHTS-ALIGNED PROVIDERS

- Use directories like:
  - GLMA (Health Professionals Advancing LGBTQ Equality)
  - Planned Parenthood (Even in hostile states, they provide guidance)
  - National Network of Abortion Funds



## 2. DIGITAL & PRIVACY PROTECTIONS

### MEDICAL RECORDS & APPS

- Avoid period-tracking apps unless encrypted and secure.
- If seeking gender-affirming or reproductive care, ask:
  - “How is my information stored? Who has access?”



### USE SECURE COMMUNICATION

- Avoid discussing sensitive topics via phone calls, texts, or emails linked to your legal identity.
- Use encrypted apps like Signal or ProtonMail.
- Turn off location tracking when visiting sensitive medical facilities.



## 3. LEGAL RIGHTS & DEALING WITH AUTHORITIES

### KNOW YOUR RIGHTS IN HEALTHCARE SETTINGS

- You are **NOT** obligated to answer questions about gender identity, sexuality, pregnancy, or abortion history.
- If a doctor refuses care based on “religious beliefs,” request written documentation and report it.
- If detained at a hospital against your will, ask:
  - “Am I being legally held? Under what law?”
  - “Can I have a patient advocate?”



### PROTECT AGAINST FORCED DISCLOSURES

- Redirect medical history questions to the immediate concern.
- If forced to sign documents under pressure, write: “Signed under duress.”

### ENCOUNTERS WITH LAW ENFORCEMENT OR ICE

- If approached by police or immigration officials:
  - “I do not consent to any searches. Am I free to go?”
  - “I choose to remain silent and want a lawyer.”
- **DO NOT** hand over your phone without a warrant.
- **DO NOT** carry medical documentation that could be used against you (e.g., gender marker changes, abortion history).



## 4. EMERGENCY LEGAL & CRISIS HOTLINES

### LEGAL SUPPORT & CRISIS RESOURCES

#### ACLU OF ARIZONA

Fights for LGBTQ+ rights, reproductive freedom, and healthcare discrimination cases.

- [www.acluaz.org](http://www.acluaz.org)
- (602) 650-1854

#### LAMBDA LEGAL

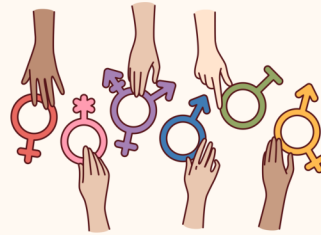
Legal advocacy for LGBTQ+ individuals facing discrimination.

- [www.lambdalegal.org](http://www.lambdalegal.org)
- (213) 382-7600

#### TRANS LIFELINE

Anonymous, peer-run crisis support

- [www.translifeline.org](http://www.translifeline.org)
- (877) 565-8860



### LGBTQIA+ AND REPRODUCTIVE HEALTHCARE CLINICS IN ARIZONA

#### PLANNED PARENTHOOD ARIZONA

Birth control, gender-affirming hormone therapy, STI testing, and abortion care.

- [www.plannedparenthood.org/planned-parenthood-arizona](http://www.plannedparenthood.org/planned-parenthood-arizona)
- (602) 277-7526

#### SPECTRUM MEDICAL CARE CENTER

(Phoenix – LGBTQIA+ Friendly)

- [www.spectrummedical.org](http://www.spectrummedical.org)
- (602) 604-9500

#### SOUTHWEST CENTER FOR HIV/AIDS

(Phoenix – LGBTQIA+ Community Health)

- [www.swcenter.org](http://www.swcenter.org)
- (602) 307-5330

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## 5. FINAL SAFETY STEPS

- ✓ Save emergency numbers and websites offline.
- ✓ Identify LGBTQIA+ and reproductive-friendly clinics near you.
- ✓ Have an emergency contact who can help in dangerous situations.
- ✓ Use cash for sensitive healthcare transactions if privacy is a concern.
- ✓ Stay connected with mutual aid groups in Arizona for safety and support.

#### YOU ARE NOT ALONE. WE PROTECT EACH OTHER.

If you need help, reach out to these organizations.

Protect your privacy  
Stand your ground *and*  
Take care of yourself in uncertain times.

**We fight for each other.**

